

MountainRunning.NET Calendar - Spain -2012 -v1.0

Date	Race Title	Country	Region	KM	+Hm	-Hm	Website
8 th Jan	Trail La Malla – Serralades de Barxeta	Spain	Valencia	17.5	700	700	barxeta.es/
14 th Jan	Trail Nocturno Villa de Tegueste	Spain	Canary Islands	15.3	400	400	tenerifetrail.blogspot.com
14 th Jan	GR10 Xtrem	Spain	Valencia	93	3800	3000	gr10x.com
14 th Jan	Trail Ciudad de Palencia	Spain	Castile & Leon	11	200	200	copaventura.blogspot.com
15 th Jan	KM Vertical Gandia	Spain	Valencia	12	1000	100	clubalpigandia.com
15 th Jan	La Cursa 2 Turons	Spain	Catalonia	12	400	400	rivendelmoia.net/2turons_moia
22 nd Jan	Cursa Muntagna Castellbisbal	Spain	Catalonia	100 & 170	600	600	clubmindundisteam.com
22 nd Jan	Carrera de Montana Alicun	Spain	Andalucia	10.4	300	300	optimaevent.com/alicun/
4 th Feb	Marathon del Meridiano	Spain	Canary Islands	27 & 42	2000/2600	2000/2600	maratondelmeridiano.com
12 th Feb	Vuelta a la Isla de Arousa Night Trail	Spain	Galicia	23	1000	1000	galiciamaxicatrail.com/
12 th Feb	Cursa Lo Frare Ginestar	Spain	Catalonia	22.3	800	800	curسالofrare.wordpress.com/
12 th Feb	Castro D'Alfondegulla	Spain	Valencia	18.5	650	650	castroalfondegulla.com/
12 th Feb	Il Cursa Atalaia K20	Spain	Balearic Islands	21	500	500	elitechip.net/
25 th Feb	Cursa Muntagna Tales – Serra D'Espada	Spain	Castile & Leon	22	1000	1000	42ypico.es/
26 th Feb	Botifa Runner	Spain	Catalonia	21	935	935	botifarunner.com
26 th Feb	Maraton Espadan	Spain	Castile & Leon	42	1622	1622	maratonespadan.com/
26 th Feb	Trail Guajares	Spain	Andalucia	28	1358	1358	trailguajares.blogspot.com/
2 nd Mar	Trans Gran Canaria	Spain	Canary Islands	42, 96 & 123	400/8200/11000	3400/8200/11000	transgrancanaria.net
4 th Mar	Trail Cabo de Gata – Nijar	Spain	Almeria	29	300	300	trailcabodegata.aqueatacamos.com
11 th Mar	Outlet Running Trail	Spain	Valencia	21	845	845	jvsport.es/
11 th Mar	KM Vertical del Courel	Spain	Galicia	4.5	1000	N/A	galiciamaxicatrail.com/
18 th Mar	Carrera Alto Sil	Spain	Castile & Leon	29	1514	1514	carreraaltil.com
23 rd Mar	La Perimetral de Benissa	Spain	Valencia	63	3000	3000	perimetralbenissa.blogspot.com
25 th Mar	Sara Korrika Trail	Spain	Basque Country	25	1443	1443	sarakorrika.com/
25 th Mar	Trail Parc Natural Sierra-Huetor	Spain	Andalucia	26	1390	1390	optimaevent.com/trailsierradehuetor
31 st Mar	Lanzarote Lava Trail	Spain	Canary Islands	27, 41 & 83	584/1112/2180	919/1946/2168	lanzarotelavatrail.com
15 th Apr	Trail Serra de Galineiro	Spain	Galicia	20	1200	1200	galiciamaxicatrail.com/
22 nd Apr	Marcha Alpina Sierra Ibio	Spain	Cantabria	35	1200	1200	carrerademontana.net
29 th Apr	Carrera del Desierto Tabernas	Spain	Almeria	11	200	160	aqueatacamos.com/carrera_desierto
5 th May	Apuko Igoera Ultra Trail	Spain	Basque Country	83	4484	4484	apukoigoera.com/
12 th May	Trans Vulcania	Spain	Canary Islands	83	4415	4110	transvulcania.com/
18 th May	Costa Brava Extreme (3 Stages)	Spain	Catalonia	25 + 55 + 55	1500/3000/3000	1500/3000/3000	costabravaxtremrunning.com
18 th May	Los 10,000 Del Soplano	Spain	Cantabria	42 & 112	2345/4354	2345/4354	diezmildelsoplao.com
20 th May	Zegama Aizkorri Marathon	Spain	Basque Country	42	2735	2735	zegama-aizkorri.net
20 th May	Cross de los 3 Refugios	Spain	Madrid	32	2010	2010	copadehiero.es/3r/
26 th May	Circular de Tajeda	Spain	Castile & Leon	21 & 43	1520/2010	1520/2012	circulardetejeda.com/
26 th May	Ultra Trail du Aldeas do Courel	Spain	Galicia	34 & 78	1910/3430	1910/3430	galiciamaxicatrail.com/
27 th May	Perenixsa	Spain	Valencia	22	900	900	cxmvalencia.blogspot.com
27 th May	Trail Ezkaba	Spain	Navarra	18 & 26	949/1457	949/1457	txurregi.com/web/
27 th May	Trail Sant Esteve	Spain	Catalonia	26.2	1402	1402	trails.com/
8 th Jun	Ultra Trail Del Rincon	Spain	Valencia	100 & 170	3700/6800	3700/6800	ultratraildelrincon.blogspot.com
26 th Jun	Cursa Serra D'Orpesa	Spain	Valencia	26	800	800	42ypico.es
8 th Jul	Media Marathon Calar Alto-Gergal	Spain	Almeria	21	1050	1050	optimaevent.com/calaralto
14 th Jul	Galicia Maxica Trail	Spain	Galicia	20	1200	1200	galiciamaxicatrail.com/
11 th Aug	Minas de Castala	Spain	Almeria	11	780	780	optimaevent.com/lasminas
18 th Aug	Agua Carbo	Spain	Almeria	100 & 170	259	259	aqueatacamos.com

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23 rd Sep	La Puebla Maraton Javalambre	Spain	Valencia	42.2	2300	2300	maratonjavalambre.blogspot.com.es/
23 rd Sep	La Sagra Skyrace	Spain	Andalucia	27.5	2180	1750	lasagraskyrace.com
16 th Oct	Carrera Montana Ciudad de Almeria	Spain	Almeria	23	1150	1150	aqueatacamos.com/carrerademontafiaalmeria
20 th Oct	Tenerife Bluetrail	Spain	Canary Islands	20, 56 & 93	1166/2160/5140	1600/3500/4400	tenerifebluetrail.com/
25 th Nov	K25 Trail de la Calderona	Spain	Valencia	25	1700	1700	cxm.k25.net/
10 th Dec	Sierra de Chiva	Spain	Valencia	63	3000	3000	carrerasierradechiva.com/
11 th Dec	Trail Rio de Fraga	Spain	Galicia	17.5	600	600	galiciamaxicatrail.com/